



Summer 2026 Communications and Outreach Coordinator Internship

Since 2004, [Sustainable Finger Lakes](#) (SFLX) has been a leader in laying the groundwork for the transition to a resilient local economy, healthy environment, and strong social fabric. We act as convener, connector, and catalyst to engage both the grassroots and policymakers in the work of redesigning how we work and live so that our community can successfully cope with global influences such as climate disruption and energy transitions. Projects and programs have focused on energy efficiency, climate protection, sustainable community development, green collar jobs, sustainable enterprise, and economic/ecological justice.

[Sustainable Finger Lakes](#) (SFLX) is a community-based organization whose mission is to promote the long-term well-being of our region by integrating social equity, economic vitality, ecological stewardship, and shared responsibility. SFLX is an equal opportunity employer and encourages applicants from diverse backgrounds.

This internship position will be for 30 hrs/wk June 1-August 28 (13 weeks).

The summer intern will:

- Participate as a team member in the outreach and programming of SFLX.
- Help write press releases and feature articles for local media to share clean energy stories.
- Post updates to social media and websites for our Finger Lakes Climate Fund and SFLX..
- Update our website and social media; make short one-take videos of our partners; create graphic designs using Canva; write and edit short articles; provide community education at events and door-to-door; give talks to groups about our programs.
- Assist with an awareness and engagement campaign across the 14 counties of the Finger Lakes Region to promote clean energy, environmental stewardship, and climate justice.
- Participate 3 hrs/wk in the *Cayuga Lake Watershed Internship Program* (WIP). The WIP is a coordinated program supporting a number of partner organizations hosting interns working in a variety of environmental fields. All WIP participants will participate in an initial orientation session, weekly group activities and a final presentation. The orientation session will be held on June 1st and the final presentation will be on August 10th.
- In addition, the intern may be asked to help staff with other tasks related to Sustainable Finger Lakes.

The ideal candidate has strong organizational and interpersonal skills, working knowledge on climate action and clean energy, outgoing personality, ability to work independently, familiarity with digital media and websites, and can provide own transportation.

Must be 18 or older, a resident of New York State, and either currently a student or a recent graduate. The intern will work out of our downtown Ithaca office.

Compensation: \$22/hour, 30 hrs/week.

(Includes 3 hrs per week dedicated to WIP activities.)

Must be 18 or older and provide own transportation.

Application deadline: April 15, 2026

Please submit a cover letter and resume to Gay Nicholson, President at gay@sustainablefingerlakes.org with Communications Internship in the subject line.

To see more positions within the Cayuga Lake Watershed Internship Program, please go to the website for more information and to apply: <https://discovercayugalake.org/watershed-internship/>

Priority will be given to WIP applications submitted by March 9th.